

*Lenten Triodion*  
**Lenten Apolytikia**

*(Sung at the end of Lenten Daily Vespers, with prostration after the first three.)*

Byzantine Chant Tone 5/Plagal First Mode

Rassem El Massih

Re - joice, O Vir - gin The - o - to - kos, Mar - y

full of grace, the Lord is\_ with thee. Bless-ed art thou a - mong

wom - en, and bless - ed is the Fruit\_ of thy womb;

for thou didst give birth to the Sav - ior of\_ our souls.

O Bap - tiz - er of Christ, re - mem - ber our con - gre -

- ga - tion, that we may es - cape from our in - iq - ui - ties; for to

thee was giv - en grace to in - ter - cede\_ for\_ us.

30 **A**

Glo-ry to the Fa - ther and to the Son and to the Ho-ly Spir - it.

34 **A**

O pure A - pos-tles, and all ye saints, pray for our sakes

38

that we es - cape trib - u - la - tions and sor - rows;

42

for we have tak-en you as fer-vid in-ter - ces-sors with the Sav - ior.

47 **A**

Both now and ev - er, and un-to the ag-es of ag - es. A - men.

53 **A**

We have tak - en re - fuge un - der the wing of thy com - pas - sion, O

57

The - o - to - kos. Turn not a - way from our be - seech - ings in

62

trib u la - tion. But save us from dis - tress, O

67

thou who a - lone art pure and bless - ed.

# Lenten Apolytikia

## Plagal First Mode

Rassem El Massih

Protosaltis of the God protected Antiochian Archdiocese of North America

Ἦχος λ̣ π̣ ᾠ̣ Κε



e - joyce O Vir - gin The - o - to - kos ᾠ̣ Mar - y full  
of grace the Lord is <sup>3</sup> with Thee ᾠ̣ Bless - ed art Thou a - mong wom -  
- en and bless - ed is the fruit of thy womb ᾠ̣ for thou didst give birth to  
the Sa - vior of our souls ᾠ̣



Bap - tiz - er of Christ re - mem - ber our cong -  
- re - ga - tion ᾠ̣ that we may es - cape from our in - iq -  
- ui - ties ᾠ̣ for to Thee was giv - en grace to in - ter - cede  
for us ᾠ̣

Lenten Apolytikia

**G** lo - ry to the Fa - ther and to the Son and to  
the Ho - ly Spir - it



pure A - pos - tles and all ye saints Pray for  
our sakes that we es - cape trib - u - la - tions and sor - rows  
for we have tak - en you as fer - vid in - ter - ce - ssors  
with the Sav - ior

**B** oth now and ev - er, and un - to the ag - es of  
ag - es A - men

Lenten Apolytikia



e have tak - en re - fuge un - der the wing of thy com -

pas - sion, O The - o - to - kos. Turn not a - way from our

be - seech - ings in trib - u - la - tions But, save us from dist -

ress O Thou who a - lone are pure and bless - ed