

December 24th

The Forefeast (Paramon) of the Nativity of Christ

Stichera on Lord I have cried

Byzantine Mode 4
Special Melody: *As one valiant*

Adapted by Rassem El Massih



1) Let the cym - bals re - sound to - day; let us cry out with
2) *With an up - right and pi - ous mind, let us sound forth pre -*
3) As the Vir - gin and Moth - er__ saw that con - cep - tion past



songs of joy, for the rev - e - la - tion of
- fes - tal songs hon - or - ing with hymns__ the Na -
find - ing out, and thē in - ex - pli - ca - ble



Christ is man - i - fest; the things pro - claimed by the
- tiv - i - ty of Christ. For He Who hath e - qual
birth, she was a - mazed; and while re - joic - ing and



Proph - ets__ have re - ceived__ their ac - com - plish - ment;
hon - or__ with the Fa - ther and Spir - it hath
weep - ing__ both to - geth - er, she said to Him:

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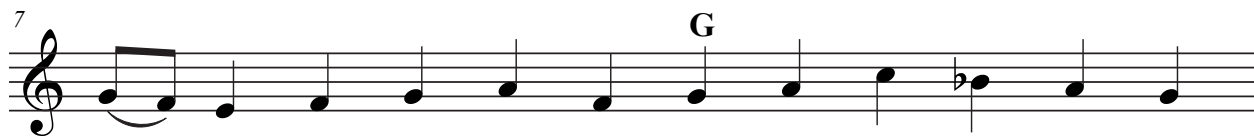
He Who they said would ap - pear in the flesh___ un - to
clothed Him - self with what we are, for His ten - der com -
Shall I give my breast to Thee Who sus - tain - eth the

6



mor - tal men, lo, the Same is born in a sanc - ti - fied
-pas - sion's sake, and shall soon be born in the cit - y of
u - ni - verse? Shall I sing Thy praise as my Son___ and my

7



cave, and He re - clin - eth in a man - ger as an
Beth - le - hem, where An - gels and the shep - herds sing the
God? And what name shall I find where - with I may ad -

8



in - fant; and as a babe,___ He is swad - dled round.
prais - es of His in - ef - fa - ble birth as man.
- dress___ Thee, O Lord my God,___ Who canst not be named?